

Package No. 3:

One-day trip to Muang La and experience of peaceful life on the river



Muang La, only 28 km from Oudomxay town, is a small idyllic district town situated in the splendid Nam Phaak valley. Favored locations of Joe Cummins, author of Lonely planet, include cultural, ethnic, and natural sites. Among them are the famous Thai Lu Temple, Vat Prachao Singkham, the Muang La mineral water hot springs, traditional salt production activities in villages throughout the area, and typical Thai Lu architecture.

Muang La can also serve as the starting point for impressive excursions to remote ethnic and cultural villages nestled among rice fields, forests and mountains. On the way to Muang La you have the opportunity to stop for an agreeable 2-hour walk to Singkham Buddha Cave and to visit the Khamu village Samakhisay.

What to bring:

- Raincoat / umbrella for (during rainy season, June to October)
- Long pants
- Good walking shoes
- Hat
- Bating equipment (Towel, Sarong for woman)
- Sunscreen
- Mosquito repellent
- First aid kit
- Flashlight
- Guidebook
- Camera and binoculars

Schedule

8:00 Meet at the Information center

8:30 Leave the Information centre to Muang La by public transport

9:30 Visit the Market

10:00 Visit traditional handicraft

12:00 Rest and picnic in the village

13:00 Visit Camping

14:00 Visit hot spring

16:00 Come back to Oudomxay town

Total walking time about 6 hours.

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Contact:

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