

Package No. 5:

One-day trip to Nam Kat waterfall and pristine forest



The Nam Kat Waterfall Tour is a wonderful one day trip for those who love to experience pristine forests, wild waters and the unique vegetation of Northern Laos.

The Lao adventure starts at the central market of Oudomxay where the guides and visitors together explore original Lao snacks and food to bring for the picnic close to the waterfalls at lunch time. After driving for one hour into the hills south of Oudomxay

the trek starts in the middle of nature. Nearby is the Khamu village of Ban (Name), where a local guide familiar with the local peculiarities will join the group.

The walk brings you through more intensive used forests and past some brooks where usually men do some cast net fishing. This fishing method is most popular and never done by women.

The fishermen are always very successful and catch a characteristically big variety of colorful small fish. The Mekong River and its tributaries are known as one of the biodiversity hotspots all over the world and are third in fish species diversity after the Amazon and Congo River Basins.

The tour proceeds through pristine forests. The local guides will be very happy to introduce a variety of non timber forest products (NTFP) characteristically collected by the local population. Finally you will arrive at the Nam Kat Waterfall where you will picnic and if you are adventurous, take the time for a bath in the refreshing water of the Nam Kat before you will return to Oudomxay town.

What to bring:

- Raincoat / umbrella (during rainy season, June to October)
- Long pants, long sleeve shirt
- Good walking shoes
- Sunscreen
- Mosquito repellent
- Drinking Water
- Hat
- Towel
- Guidebook
- Camera
- Sarong (for women)

Schedule

7:30 Meet at the Information centre and buy food for picnic
8:00 leave the Information centre to the waterfall
8:30 start walking to the waterfall about 4 km to Nam Kat
12:15 Rest and picnic near the waterfall
13:30 Walking tour around the waterfall and pristine forest
14:00 Come back to Oudomxay town
16:00 Arrive at the Information center
to
17:00

Last Updated: December 01, 2008

Contact:

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